

## MOVIE WORKBOOK

# BECOMING MOTHERS IN ZION

Bringing Latter-day Prophetic Teachings to Life Through Film



PASSING DOWN THE  
**FAITH**  
A MULTI-GENERATIONAL VISION

# COURSE DETAILS:

## Movies included in this course:

Most movies can be found for free on YouTube, or rented. To avoid potentially broken links, only links to the trailers have been added here.

Module 1: [\*Little Lord Fauntleroy\*](#) (1995)

Module 2: [\*Free Burma Ranger\*](#) (2021)

Module 3: [\*Night Crossing\*](#) (1982)

Module 4: [\*Sakharov\*](#) (2006)

Module 5: [\*Case for Christ\*](#) (2017)

Module 6: [\*Unsung Hero\*](#) (2024)

\*We have not included ratings for these movies as we wish for parents to not casually put their trust in a rating. Each home, and each child is different, some families may want to introduce hard themes sooner, and some will wait. We hope that each family will prayerfully decide in wisdom who should watch each movie or not. For more information on rating systems and the history of it please read this article. [Is the movie rating system undermining the values in your](#)

## In this Course You will Find:

- 6 Modules.
- 18+ prophetic teachings.
- 6 insightful movies.
- 36 questions
- 6 real-life application challenges to participate in.

# INTRODUCTION



## Becoming Mothers in Zion

*“... the good effects of the example of that mother upon them will be felt; and it will never die, because it will extend from them to their children from generation to generation.”*

Joseph F. Smith, *Deseret News: Semi-Weekly*, 5 Jan. 1892, 3

This course is designed for mothers who are committed to building Zion within their homes—working alongside their husbands to prepare their children and future generations to uphold the flame of faith by living their covenants. While the focus is on becoming a mother in Zion, it is impossible to separate this sacred role from that of a wife, as the two are divinely interconnected.

Many mothers feel lost, unsure of how to begin this sacred work, as they find themselves in the trenches with their children, fighting both physically and spiritually for their well-being. Instead of

giving up, we need mothers to rise up and strengthen their covenants. We need mothers who are determined to protect their children's precious souls, who turn to the scriptures and the inspired words of prophets as their guide in restoring and building up their homes. Mothers who are willing to nurture their children by supporting their husbands' vision as he leads.

We, as mothers, must fight for the promises God made to Abraham and his posterity. In doing so, we will become mothers in Zion.

## MODULES:

### Module 01: *Too Much Zeal*



The Prophet Joseph Smith taught women how they should behave when he spoke to the Relief Society. "As females possess refined feelings and [sensitiveness], they are also subject to an overmuch zeal which must ever prove dangerous, and cause them to be rigid in a religious capacity—should be arm'd with mercy notwithstanding the iniquity among us."

As wives and mothers, we must learn to honor and cherish the attributes of Jesus Christ, never treating them frivolously nor lightly.



## Prophetic Teachings & Questions:

*Below are three prophetic teachings accompanied by questions to help deepen your understanding of what is being taught. You will then be asked to watch a film that best portrays what the prophets are teaching, with additional questions for application.*

### #1 Must Control Emotions:

President Brigham Young said: *“If a mother wishes to control her child, in the first place let her learn to control herself, then she may be successful in bringing the child into perfect subjection to her will.”*

Q: We can not expect obedience from our children when we as a wife, or mother are disobedient to God. Do you live a life of submission to God and can your children see this? Do you choose to eat what the Lord would have you eat? Do you choose your movies based on what the Lord would have you watch? When you are deciding how to spend your summer vacation, do you turn to the Lord in prayer asking, “What wouldst Thou have me do with this free time?” Do your children know this and can they see it?  
If not then how will you begin?

John A. Widtsoe, ed., *Discourses of Brigham Young* (Salt Lake City: Deseret Book Co., 1954), 206; *Journal of Discourses* 14:277.

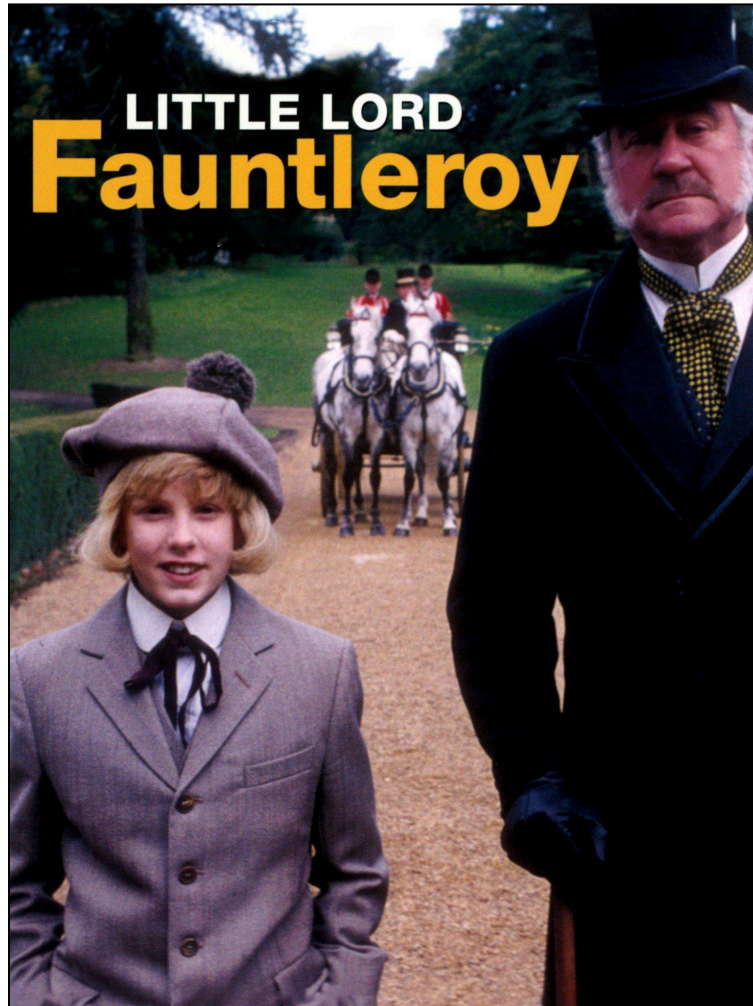
### #2 If We Are Humble:

President Brigham Young said: *“When a father is abusive in any way—is a drunkard, a swearer, &c., if the mother is humble and looks to her God, beyond her earthly lord, as it is her right under such circumstances, the influence that would otherwise operate upon her has little or no power to affect her offspring. If she secretly prays and lifts her desires to her Father in heaven, beyond her miserable, drinking, swearing husband, the sacred, peaceful, trusting, happifying influence she enjoys, when thus living near to her God, produces its impression upon the earthly tabernacle—upon the course in life of her prospective offspring.”*

Q: Look in your own life and see where you are justifying wrong emotions, and not being obedient to God with them, especially towards your spouse, regardless of what he is or isn't doing. Think of a specific area where your husband is weak or struggling right now. How can you strengthen and improve your prayers for him and for wisdom to know how you can respond? Do you genuinely feel at peace about the situation? Do your children see a “sacred, peaceful, trusting and happy” attitude about you in your daily life, especially when responding to your husband's struggle? Why or why not?

Brigham Young, *Journal of Discourses* vol. 8 p. 61-62

Special Featured Film: [Little Lord Fauntleroy](#)



*“Wisdom is to know what to do next.” — Little Lord Fauntleroy*

Seven-year-old protagonist Cedric Errol lives with his mother in modest circumstances in New York after the death of his father. After he learns he's heir to his grandfather's earldom in England, he and his mother move there so that he can be trained to be Lord Fauntleroy. Cedric, with his innocent and kind nature, shows his grandfather the meaning of true nobility, transforming the selfish and cynical Earl into a generous, loving man.

Q: How does Little Lord Fauntleroy's mother demonstrate the importance of leading without zeal as the prophet Joseph Smith taught? What can we learn from her that echo's other prophetic teachings we have heard when it comes to being obedient with these emotions, and attributes?

## Build Upon the Rock:

Do you fully understand, through the scriptures and the teachings of modern prophets, what righteous emotions are and how they should guide your actions? If not, then this would be a good place to begin to build upon the Rock.

## Real Life Application:

Take your journal and write down a specific way God has inspired you to raise your children that is different from the world. Ask yourself, where did you learn this method or principle? Why do you feel this way is important? (If you cannot think of a specific reason, perhaps this is an exciting opportunity to begin searching the scriptures for God's "parenting" methods!) What is one new improvement that you can make in your home and life this week?

## Module 02: *A Husband's Vision*



A mothers, the secret to truly keeping it all together lies in embracing a partnership with our husbands, aligning our parenting with their vision for the family. A mother who nurtures with this

shared vision becomes a powerful force in the home—guiding, loving, and shaping her children not only with her own wisdom but with a unity of purpose. When both parents are united, it creates a strong foundation for raising children who are loved, supported, and taught in harmony with the values and goals the family holds dear. This collaborative approach doesn't just build a strong family dynamic; it builds a lasting legacy of unity and purpose for the future.

## Prophetic Teachings & Questions:

*Below are three prophetic teachings accompanied by questions to help deepen your understanding of what is being taught. You will then be asked to watch a film that best portrays what the prophets are teaching, with additional questions for application.*

### #1 Order of Heaven:

Elder Orson Hyde said: *"The order of heaven places man in the front rank; hence he is first to be addressed. Woman follows under the protection of his counsels, and the superior strength of his arm. Her desire should be unto her husband, and he should rule over her. I will here venture the assertion, that no man can be exalted to a celestial glory in the kingdom of God whose wife rules over him; and as the man is not without the woman, nor the woman without the man in the Lord, it follows as a matter of course, that the woman who rules over her husband, thereby deprives herself of a celestial glory."*

Q: Have you ever asked your husband what his vision and plan is for your family? If you have never asked your husband this question, what a fun place to start! How will you build on this family vision together? Schedule a date night and prepare some questions beforehand to ask your husband that will help you get to know him and better understand his vision for your family!

Orson Hyde, *Journal of Discourses*, vol. 4:257

### #2 If You Suffer Your Children to be Wild:

President Brigham Young said: *"Mothers, if you suffer your children to grow up wild and uncorrected, when they come into the hands of their fathers, and will not follow their counsels, let them be disowned, and have no portion in the inheritance; let them be disfranchised, be banished from Israel, and not be numbered in the books of the offspring of Abraham. This shall be the fate of my disobedient children, if I have any; and if there are any of my children here today, let them hear it! For if they will not keep my commandments, they shall have no part or lot in the household of faith."*

Q: Humility and being teachable is a special attribute of Jesus Christ. Pray for each child individually and ask the Lord how He would help you inspire gentleness and meekness in your children in the specific areas they struggle. Which of your children seems to be the strongest in this area? Which of your children is the weakest? What are some things that you have found in your life that have helped you to be humble? Could you apply some of those same ideas to help your children?

Brigham Young, *Journal of Discourses*, vol. 1, p. 66



### **#3 Repeated in the Next Generation:**

President Gordon B. Hinckley said: *“Every child, with few possible exceptions, is the product of a home, be it good, bad, or indifferent. As children grow through the years, their lives, in large measure, become an extension and a reflection of family teaching. If there is harshness, abuse, uncontrolled anger, disloyalty, the fruits will be certain and discernible, and in all likelihood they will be repeated in the generation that follows. If, on the other hand, there is forbearance, forgiveness, respect, consideration, kindness, mercy, and compassion, the fruits again will be discernible, and they will be eternally rewarding. They will be positive and sweet and wonderful. And as mercy is given and taught by parents, it will be repeated in the lives and actions of the next generation.”*

Q: As mothers, we are not only shaping the lives of our children but with the eternal responsibility of influencing generations yet to come. Do you see beyond the present, viewing your role through a multi-generational lens that encompasses the legacy you are creating? Are you willing to sacrifice everything to protect your posterity, ensuring that your legacy is one of unwavering faith, righteousness, and devotion, passed down from generation to generation? How can you strengthen your family’s foundation today to build a future grounded in the principles of truth and eternal hope?

"Blessed Are the Merciful," *General Conference*, 1990.

**Special Featured Film:** [\*Free Burma Rangers\*](#)



*"Say no and let it go, or say yes and get in!" — Karen Eubank*

The true story of a remarkable family compelled by Christ to bring love into war. This epic documentary chronicles the 20-year journey of the Free Burma Rangers, an unconventional humanitarian organization, as they venture through jungles, firefights and heroic rescues, finding hope in seemingly impossible situations. It's a real-life action-adventure film unlike any you've seen before.

## Module 03: *Brings Divine Protection*



A wife's obedience to her husband fosters unity and peace within the home, while confusion and discord take root when each person seeks to be the leader. The love of a true mother is deeply selfless—she not only helps to shield her family from physical danger, but also guards their hearts and minds against those who would seek to undermine their freedom with false ideologies.

Divine protection is granted when a mother understands that her obedience to God, by supporting and following her husband, brings guidance and protection to her family. However, when we neglect the sacred teachings of the Kingdom of God, we put both our own salvation and that of our children at risk.

### Prophetic Teachings & Questions:

*Below are three prophetic teachings accompanied by questions to help deepen your understanding of what is being taught. You will then be asked to watch a film that best portrays what the prophets are teaching, with additional questions for application.*

#### **#1 Instruction, Edification, and Comfort:**

The Prophet Joseph Smith said: *"It is the duty of the wife, to be in subjection to her husband at all times, not as a servant, neither as one who fears a tyrant, or a master, but as one, who, in meekness, and the love of God, regards the laws and institutions of Heaven, looks up to her*

*husband for instruction, edification and comfort. Even as Sarah obeyed Abraham, calling him Lord, whose daughters ye are, as long as ye do well, and are not afraid with any amazement.”*

Q: How can a wife know whether her husband is following Christ? What blessings come to husbands and wives who together submit to God’s will?

1 Peter 3:6; *Elders’ Journal*, Far West, Missouri, August 1838, vol. 1, no. 4, 49–64.

## **#2 Meet with a Smile:**

The Prophet Joseph Smith said: “...*When a man is borne down with trouble, when he is perplexed with care and difficulty, if he can meet a smile instead of an argument or a murmur—if he can meet with mildness, it will calm down his soul and soothe his feelings; when the mind is going to despair, it needs a solace of affection and kindness....When you go home, never give a cross or unkind word to your husbands, but let kindness, charity and love crown your works henceforward.*”

Q: Each man feels loved, appreciated, and comforted very differently. Often, the way a wife feels loved is very different from her husband. Write down a list of 5 things you know are unique to your husband that help him feel loved in his own way. If you are not sure, ask him! Or begin watching closely! When was the last time you accomplished most of the items on your list? Do you need to improve? If so, brainstorm some ideas for how for how to improve:

Joseph Smith, a *Discourse* given on April 28, 1842, in Nauvoo, Illinois, reported by Eliza R. Snow, see also appendix, 562.

## **#3 Plenty of Confusion:**

President Heber C. Kimball said: “*When a wife is obedient to her husband there is union, there is heaven, that is, there is one heaven, though it is a little one; and a righteous union is what will make a heaven. There are many kinds of sin, among which is the sin of confusion; and I tell you there is plenty of confusion in a family where each one wants to be head. Just look at it, what a heaven that is! We all have to make our heaven, or do without one.*”

Q: Some people think that if a wife works with her husband, she'll lose herself and her identity, or she won't have a voice. What do you think? If you are united with your husband, can you both grow?

A *Discourse* by President Heber C. Kimball, delivered in the Tabernacle, Great Salt Lake City, November 9, 1856, reported by J. V. Long.

**Special Featured Film:** [Night Crossing](#)





*“We’d have made it, and next time we will.” –Frank*

In the fall of 1979, one of history's most ingenious and courageous flights to freedom took place when two families fled from Communist East Germany to the West in their handcrafted hot air balloon. NIGHT CROSSING is the remarkable true story of the Strelzyk and Wetzel families and their daring, death-defying escape.

Q: In the movie *Night Crossing*, how does Doris’s support of her husband's vision contribute to the physical protection of their family in helping her family escape East Germany. What was the result for their family and future posterity from her choices? Was it just physical protection only?

### **Build Upon the Rock:**

Using the account of Sarah in the Bible, how can we learn from her example in following God's instructions and supporting her husband Abraham, even when the path was uncertain or difficult? How does her trust in God's plan model the role of a wife in building a strong, faith-filled family? If you are not familiar with these instructions, then this would be a good place to begin to build upon the Rock.

### **Real Life Application:**

The Prophet Joseph Smith taught us through his example in the First Vision that instead of talking about God, talk to God. Beyond merely reading about miracles and prophecy in the New Testament, experience them for yourself. Don't just read about Abraham, raise a family like him. Follow the footsteps, make the sacrifices and receive sacred protection and promises for yourself and your children. Mothers, put your life in order and raise prophets and prophetesses. Build a nation and a family dynasty that transforms the planet, like your forefathers. We have to turn back to the Fathers to do as they did.

Pray this week for answers on how to start putting your home in order. With your influence, and using your conduct correctly, what can you do?

## Module 04: *Restoring Life*



A woman's role extends far beyond bearing children; she is also called to bear the emotional, spiritual, and physical burdens of her husband and family. To "bear" is to sustain the weight of another's struggles, offering relief and comfort in their most challenging moments. In doing so, a wife has the profound ability to restore life—not only through physical birth but by uplifting, strengthening, and nurturing her family. Just as Jesus Christ bore the weight of our sins to offer new life, a mother's willingness to bear the burdens of her family creates a space for healing, renewal, and spiritual growth.

### Prophetic Teachings & Questions:

*Below are three prophetic teachings accompanied by questions to help deepen your understanding of what is being taught. You will then be asked to watch a film that best portrays what the prophets are teaching, with additional questions for application.*

### **#1 Bear the Souls:**

The Prophet Joseph Smith revealed: *“Mothers are given a sacred privilege to bear the souls of men; for herein is the work of [the] Father continued, that he may be glorified.”*

Q: What is the true essence of “bearing” the burdens of others, and how does this profound act mirror Christ’s sacrifice for humanity? In what ways can you more deeply embrace the responsibility of bearing the emotional, spiritual, and physical burdens of your husband and family, offering them the same restoration, comfort, and life that glorifies God and reflects His divine love?

*Doctrine & Covenants 132:63*

### **#2 Keep Eye on Children, Not Your Spouse:**

President Brigham Young said: *“This is the education I wish you to establish in this Church, that mothers may not suppose they are not required to watch over the early education and impressions of their children, but over their husbands to know where they are every moment of their lives, taking special care to order them thus and so, so as to keep them advised and properly instructed all the time, instead of doing that which they ought in their houses with their children....Do you wish your husband to sit all the time in the parlor with you? Yes, and I should suppose, by the conduct of some, you want to be seated over the head of God Almighty, to rule over Him, and all His kingdoms.”*

Q: We live in a culture where women’s needs are put first. Many men have become unmasculine as they run to and fro meeting the needs of his wife and home. Examine more closely what the prophet is teaching, and how we women should be more independent. How can you improve on and find more order when it comes to the view of your husband and his role?

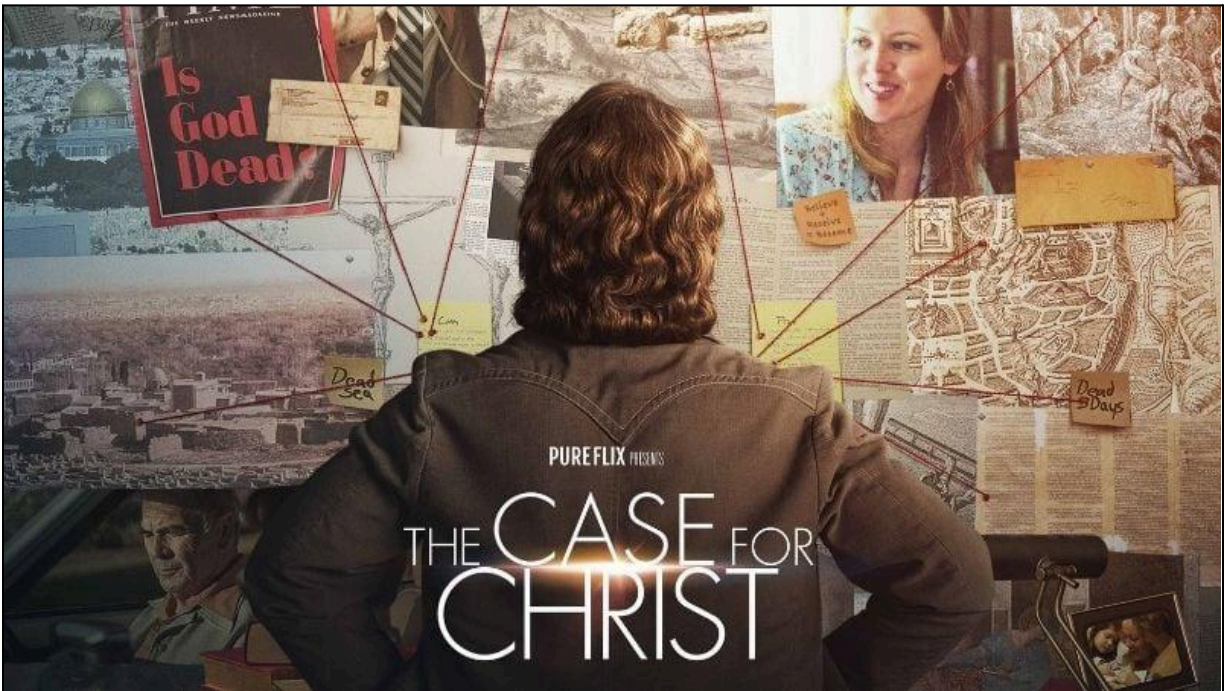
*Brigham Young, Journal of Discourses, vol 1:68*

### **#3 Only Those Who Have Secured Themselves:**

President Brigham Young said: *“...you ought to love a woman only so far as she adorns the doctrine you profess; so far as she adorns that doctrine, just so far let your love extend to her. When will she be worthy of the full extent of your affection? When she has lived long enough to secure to herself a glorious resurrection and an eternal exaltation as your companion, and never until then.”*

Q: Is President Young teaching a correct doctrine? Take a real look at your marriage and your relationship with your children, do you love them more than you love God? If so, then this is an area to study and change your view on. What do you need to change to put God first in your heart?

"The Order of Progression, Etc.", *Journal of Discourses*, vol. 3, pp. 354, June 15, 1856



*"In his time and in his way, God always keeps his promises."*— Allie

An investigative journalist and self-proclaimed atheist sets out to disprove the existence of God after his wife becomes a Christian.

In the movie *The Case for Christ*, how does the wife's unwavering obedience to God, despite her husband's doubts, demonstrate the balance between standing firm in faith and still carrying her husband's burdens and supporting him through his struggles while remaining true to her own beliefs?



## Build Upon the Rock:

We are commanded to bear one another's burdens as the Savior taught. As we lift the burden of another, we are "saviours...on mount Zion" (Obadiah 1:21). If you need to understand more about your role as a 'savior', then this would be a good place to begin to build upon the Rock.

## Real Life Application:

Challenge yourself to confront the ways you have fallen short in your role as a mother, particularly where you may have wronged your children or failed to fully heed the counsel of the prophets. Acknowledge any areas where you've neglected God's commandments, whether it's in your choices of diet, music, entertainment, worship, or family roles. Reflect on these shortcomings with deep humility, and take concrete steps to correct them—restoring alignment with divine principles.

If you are still struggling to find the humility needed, take this further: Listen to the talk *Beware of Pride* this week—more than just a few times. Let the words penetrate your heart, and allow them to open your eyes to any prideful rebellion you've unknowingly nurtured. Confront your resistance, repent, and make the necessary changes to fully embrace the role God has called you to:

## Module 05: *Guides Destinies*



As mothers, we hold an incredible power in shaping the future of our families. The choices we make today as wives and mothers reverberate through the lives of our children and future generations. Imagine, for a moment, if you could look ahead and see the consequences of every decision you make. How would your support—or lack thereof—of your husband’s vision impact your children’s lives? How might a single act of kindness or a word of encouragement shape their hearts and minds, or conversely, how would moments of criticism and negativity affect their futures? While we may never fully grasp the magnitude of our influence, we can be certain that every choice, every act of service—whether directed towards our spouse, our children, or others—becomes part of a legacy that will be carried forward.

As mothers, we are guiding destinies, shaping not only the lives of those closest to us but the future generations that will follow.

### Prophetic Teachings & Questions:

*Below are three prophetic teachings accompanied by questions to help deepen your understanding of what is being taught. You will then be asked to watch a film that best portrays what the prophets are teaching, with additional questions for application.*

#### **#1 True Mother:**

The Prophet Joseph F. Smith said: *“A wife may love her husband, but it is different to that of the love of mother to her child. The true mother, the mother who has the fear of God and the love of truth in her soul, would never hide from danger or evil and leave her child exposed to it. But as natural as it is for the sparks to fly upward, as natural as it is to breathe the breath of life, if there were danger coming to her child, she would step between the child and that danger; she would defend her child to the uttermost. Her life would be nothing in the balance, in comparison with the life of her child. That is the love of true motherhood—for children... have learned to place a high estimate upon the love of mother. I have often said, and will repeat it, that the love of a true mother comes nearer being like the love of God than any other kind of love.”*

Q: As a mother, how do you protect your children from negative influences, dangerous situations, or harmful ideologies?

Published in the *Improvement Era*, Jan. 1910, p. 276–79

## **#2 Guides Destinies:**

President Brigham Young said: *“The mothers are the moving instruments in the hands of Providence to guide the destinies of nations...Consequently, you see at once what I wish to impress upon your minds is that the mothers are the machinery that gives zest to the whole man, and guide the destinies and lives of men upon the earth.”*

Q: If you could change one thing about the country in which you live, what would it be? If you could change its destiny in one specific way, what would be different? (Hint: you can!!) You change history through your children! Think about what you wrote down and ask yourself, do your children know this about you? Do they feel the same way? If not, how could you help them understand this better? If they do feel the same way, what are they doing to make this change? Share with them your passion and help them become excited about making your dream possible!

Brigham Young, *Discourses of Brigham Young*, 199–200

## **#3 Never Die:**

President Joseph F. Smith said: *“And, sisters, you do not know how far your influence extends. A mother that is successful in raising a good boy, or girl, to imitate her example and to follow her precepts through life, sows the seeds of virtue, honor and integrity and of righteousness in their hearts that will be felt through all their career in life; and wherever that boy or girl goes, as man or woman, in whatever society they mingle, the good effects of the example of that mother upon them will be felt; and it will never die, because it will extend from them to their children from generation to generation.”*

Q: How can you as a righteous mother intentionally shape and influence the lives of your children, knowing that your example and principles will ripple through generations to come, leaving a lasting legacy of faith, virtue, and integrity?

"Deseret News: Semi-Weekly," *Deseret News*, January 5, 1892, 3.

## Special Featured Film: [\*Sakharov\*](#)



*"You can't sit on two chairs at once." —Andrei Sakharov*

Andrei Sakharov is an acclaimed nuclear physicist living in Moscow. Though he leads the development of Russia's hydrogen bomb, Andrei becomes politically disillusioned as tensions between the U.S.S.R. and the United States continue to rise. He willfully jeopardizes his career by speaking out against his government's oppression of the Russian people, and is eventually demoted. Unfazed, Andrei publishes essays critical of the Soviet government, which leads to his exile to a small city.

Q: In *Sakharov*, the wife and family work together, united in mission and protecting the home. How does their partnership demonstrate the strength of mutual support and shared purpose, and what can we learn about unity in both marriage and family? What can you do to create unity?



## Build Upon the Rock:

You, and your husband are intended to be one in purpose. If you do not understand oneness according to the scriptures, then this would be a good place to begin to build upon the Rock.

## Real Life Application:

In this module we learn how important it is to not fall for the ideologies of man, that mothers need to be protecting their home from its tentacles. Many are listening to the wrong messengers and by doing so are trifling with ordinances as we will learn in the next module according to Brigham Young.

In the temple we learn who true messengers are. IMMERSE YOURSELF deeply into the temple, pay close attention to the role of the messengers. If you are falling for the “precepts of man mingled with scriptures” when it comes to the role of a husband and wife, or even the foods, amusements, music, literature, parenting etc., begin hearkening to true messengers. Journal the protection and blessings you notice by aligning yourself to their counsel:

## Module 06: *Within Her Walls*



Your family is your greatest team! When united in love, purpose, and vision, the family becomes an invincible weapon against the adversary. Too often, we focus on external battles, but the true strength lies within the walls of our homes. A mother's role is not just to love, but to help guide the family's vision. When a mother understands the importance of unity, she can help each member see how their individual strengths contribute to the overall mission.

By recognizing her pivotal role, a mother can create an atmosphere in which the family works side by side, lifting each other's burdens, sharing the responsibilities, and celebrating the strengths of each individual. This unity, when cultivated, can not only transform the family itself but ripple out to influence the world.

### Prophetic Teachings & Questions:

*Below are three prophetic teachings accompanied by questions to help deepen your understanding of what is being taught. You will then be asked to watch a film that best portrays what the prophets are teaching, with additional questions for application.*

#### **#1 You Carry the Responsibility:**

President David O. McKay said: *"I first received my unwavering faith in the existence of God in the home of my childhood when Father and Mother invariably called their children around them*

*in the morning and at night and invoked God's blessing upon the household and upon mankind. There was a sincerity in that good patriarch's voice that left an undying impression upon our souls and Mother's prayers were equally impressive. Every mother should see to it that in all sincerity the child is impressed with the reality of the existence of God, and with the reality that God will guide and protect his children. You carry that responsibility...Wo to that home where the mother abandons her holy mission or neglects the divine instruction, influence, and example..."*

Q: How can you make prayer a foundational part of your family life, drawing your children closer to God and using it as a powerful tool to transform the direction and spirit of your home?

*In Conference Report, April 1966, 107*

## **#2 You are Trifling:**

President Brigham Young said: *"A few words to the sisters, you mothers who are trifling with the ordinances of the house of God, and the blessings that are proffered to you, I will say that the time will come, if you persist in doing so, when you will mourn, and will be willing to give worlds, if you possessed them, for the privilege of living your lives over again. Some of you are treating with contempt the oracles of the Kingdom of God upon the earth, and in the commission of this sin you trifle with your own salvation, as well as the salvation of our children. Repent, and turn unto God, and teach your children the importance of doing the same, and of the sacredness of the ordinances and the laws of God."*

Q: How does trifling with the sacred teachings and ordinances given to us in the temple affect our spiritual standing? In what way do we risk diminishing the power and sanctity of these ordinances in our lives?

Brigham Young, *Journal of Discourses*, vol. 18:263

## **#3 Do Not Become the Weakest Link:**

President Gordon B. Hinckley said: *"...When you grow old, when your hair turns white and your body grows weary, when you are prone to sit in a rocker and meditate on the things of your life, nothing will be so important as the question of how your children have turned out. It will not be the money you have made. It will not be the cars you have owned. It will not be the large house in which you live. The searing question that will cross your mind again and again will be, How well have my children done? Do not trade your birthright as a mother for some bauble of passing value..."*

Q: How might you unknowingly be trading your birthright and divine responsibilities for "baubles of passing value?" What steps can you take to reclaim the sacredness of your role as a mother?

"Your Greatest Challenge, Mother," *Ensign*, October 2000.

## Special Featured Film: [Unsung Hero](#)



*“Your family isn’t in the way, they are the way.”— James Smallbone*

Based on a remarkable true story, *Unsung Hero* follows David Smallbone as he moves his family from Down Under to the States, searching for a brighter future after his successful music company collapses. With nothing more than their seven children, suitcases, and their love of music, David and his pregnant wife Helen set out to rebuild their lives. Helen’s faith stands against all odds and inspires her husband and children to hold onto theirs. With their own dreams on hold, David and Helen begin to realize the musical prowess in their children, who would go on to become two of the most successful acts in inspirational music history: five-time GRAMMY Award®-winning artists for KING + COUNTRY and Rebecca St. James.

Q: In the movie *Unsung Hero*, we see a mother who gives everything she has to ensure her family stays together. How can mothers today embody this selflessness and dedication in their own homes? What sacrifices are they willing to make to preserve the unity and well-being of their families?

## Build Upon the Rock:

If your home is not governed by the principle of work or unity, then read directly from the Lord, and His word on this subject. This would be a good place to begin to build upon the Rock.



### Real Life Application:

For the next 30 days, dedicate time each day to prayerfully reflect on your role, and each family members—discerning their unique gifts, talents, and strengths. Seek to understand how these divine attributes can be harnessed collectively to strengthen your family as a unified force, capable of standing firm against the adversary. Consider how each individual's contributions can protect and fortify your home but also extend outward. What was the result of this challenge, what did you learn about your family, and what will you now do to create a stronger family team?