

MOVIE WORKBOOK

HANDLING THE POWERS OF HEAVEN

A STUDY COMPANION TO THE WORKS OF H. VERLAN ANDERSEN

Where Righteous Homes Begin, Strong Nations Stand

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6 WEEK
MOVIE
COURSE

Powerful Media for Strengthening the Home

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01 Module

Turn the Hearts of Their Fathers

As fathers and mothers, we are divinely called to turn our hearts¹—to our children, and to the sacred responsibilities God has entrusted to us. This turning back is the covenant. It means returning to the example of the great patriarchs—Abraham, Enoch, Noah, Lehi, down to the Prophet Joseph Smith, etc.,—and being sealed and bound² to them,—willing to sacrifice our own lives for others and who we may not have yet met, even a great personal cost.

Our duty as covenant people³ is to teach our children the gospel and help them govern themselves by God’s laws. If we fail—especially before they reach accountability—we risk forfeiting the eternal privilege of parenthood. The collapse of righteousness in our nation reflects this neglect. In this module, you’ll study a message from H. Verlan Andersen showing why a father’s role in teaching his children God’s laws is vital, and how we must turn our hearts to our children—before it’s too late.

¹ Malachi 4:6

² Smith, Joseph. *Discourse, 21 January 1844, as Reported by Wilford Woodruff, 181–82*. In *The Joseph Smith Papers*. <https://www.josephsmithpapers.org>.

³ Joseph Fielding McConkie, "The Doctrine of a Covenant People," in *The Book of Mormon: 3 Nephi 9–30, This Is My Gospel* (Provo, UT: Religious Studies Center, 1993), 159–81.



Special Featured Film



“When you aim at nothing, you hit it every time.” — David

When conflict, confusion, and chaos begin to take hold of their family, Charlie and Alice are forced to rethink their approach to parenting. As they journey through the joys and trials of raising children over decades, they discover that strong families don't happen by accident—they require intention, sacrifice, and a foundation rooted in faith. *Like Arrows* is a heartfelt and powerful film that explores the transformative impact of Christ-centered parenting.

A must-see for parents, grandparents, and future families, this film challenges viewers to consider: What legacy are we leaving—and what direction are we aiming our arrows?



▶ Watch the movie: *Like Arrows*, look for the turning point when Charlie and Alice stop reacting to problems and begin intentionally turning their hearts toward their children. What changes when their hearts are fully invested in the souls of their children, not just their behavior? The movie spans decades—watch how small, early decisions ripple through the lives of the children into adulthood. What agency-shaping patterns did the parents either reinforce or correct as their children grew? Record what you observed on the next page.

▶ After viewing the film and recording what you learned, please read the entire *Appendix IV: Turn the Hearts of Their Fathers*, along with “*Almost All Men Are Inclined to Destroy Free Agency*”, “*The Consequences of Pride*”, and “*The Sin of Pride*”, found in the Lecture: *The Book of Mormon and The Constitution*. Then return to this module to finish.

▶ After watching the film together as a family and reading H. Verlan Andersen’s powerful lecture(s) *Turn the Hearts of Their Fathers*, take time to thoughtfully engage with the selected teachings next—each one chosen with care and purpose.

Additional Resources

Turn the Hearts of Their Fathers

Movie(s):

- *Show Me the Father* (2021)

Book(s):

- Swanson, Kevin. *Family Life: A Simple Guide to the Biblical Family*. Philadelphia, PA: Generations with Vision, 2016.

Article(s):

- Andersen, H. Verlan. “Bring Up Your Children in Light and Truth.” *General Conference*, October 1991. The Church of Jesus Christ of Latter-day Saints.
- Nelson, Russell M. “Decisions for Eternity.” *General Conference*, October 2013. The Church of Jesus Christ of Latter-day Saints.

Scriptures:

- Alma 12:31, D&C 68:25-26, D&C 93:40, Moses 6:58-60, Malachi 4:5–6, Psalm 78:5–7.

Activities:

- After watching *Like Arrows*, take 10 quiet minutes to journal: “In what areas of parenting am I guiding agency correctly?”, “Where am I controlling or overstepping instead of teaching?”, “What one change can I make this week to better reflect God’s pattern of love, persuasion, and patience?”
- Create a 4-generation timeline with characters from the Book of Mormon (e.g., Alma → Helaman → Helaman II → Nephi and Lehi). Mark key events: What was taught? What choices were made? What happened to the people? Then discuss: *If you made your own spiritual timeline, what are you passing down?*
- Artwork: Our life is like a blank canvas. God gave us the gift of agency—the ability to choose. Every decision we make adds color, texture, and shape to the picture we are painting with our life. Some choices bring light and beauty, while others might leave dark spots, confusion, or chaos. The good news is, with Christ, we can always repaint and restore. Give each participant a blank sheet of paper or canvas. Ask them to divide it into two sections (either side-by-side or top/bottom). Side 1: Draw or symbolize what life looks like when we use agency selfishly or without God (chaos, gray, scribbles, confusion, brokenness, etc.). Side 2: Illustrate what life looks like when we use agency righteously—choosing service, kindness, obedience, sacrifice, and purpose (brightness, order, symbols of Christ, joy, growth, etc.). Share your drawings with others and discuss them. Display the artwork as a “Gallery of Choices”.
- Have your children role-play different choices and discuss feelings and outcomes. Emphasize that agency includes both the freedom to choose and the responsibility to face results.
- Each day, write down one choice they made, why they made it, and what happened because of it. After the week, discuss patterns and how exercising agency shapes their life.
- Share stories from scriptures or modern church leaders about people who used their agency to follow God’s laws (e.g., Nephi, Esther, modern converts).
- Together read the newspaper looking for current events where agency is being used incorrectly or correctly.
- Create a timeline of key events where Nephites used their agency unwisely (e.g., rebellion, pride, persecution). For each event, write down the choices made, the immediate consequences, and long-term effects on the nation. Discuss how repeated misuse of agency led to destruction and suffering.
- Study scriptures about secret combinations (Ether 8; Helaman 2). Discuss how these secret oaths show the darkest misuse of agency. Create a poster or presentation warning about how evil choices can corrupt societies.
- Design a family flag representing gospel principles your home will stand for. Include symbols for faith, obedience, teaching truth, and protecting future generations. Hang it in the home as a visual reminder that promised land blessings come with covenant responsibilities.